**Capture the Flag**

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**Description:** Capture the Flag is a thrilling and strategic outdoor game where two teams compete to capture the opposing team's flag and return it to their own base while defending their own flag. The game emphasizes teamwork, strategy, and physical activity.

**How to Play: Team Setup:** Divide players into two teams. Each team hides their flag within their territory. **Objective:** The main goal is to capture the enemy's flag and bring it back to your own base without being tagged by the opposing team. **Rules:** Players can tag opponents who enter their territory. Tagged players are sent to a designated "jail" within the opponent's territory.

Teammates can free jailed players by tagging them without getting caught. The game ends when a team successfully captures the opponent's flag and returns it to their base.

**Location: Outdoor, Parks, Backyards, Beaches**.

**Things Needed:**

**Flags:** Two distinct flags, one for each team. Bright colors or unique designs work best.

**Boundary Markers:** Cones, ropes, or natural features like trees to mark territory boundaries and jail areas.

**Players:** A minimum of 10 players (5 per team) is recommended, but larger groups can increase the excitement and challenge